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"PARKS AND RECREATION" BEGINS ITS FINAL SEASON TONIGHT. PAGE 09

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BOSTON Tuesday, January 13, 2015 www.metro.us | t: MetroBOS | f: MetroBoston

Stick around McD!

NFL Playoffs. It took just one big playoff win, but most Patriots fans are back on board with offensive coordinator Josh McDaniels' play-calling. McDaniels is currently a candidate for several NFL head coaching positions. PAGE 16

Patriots offensive coordinator Josh McDaniels used plenty of trickery to beat the Ravens last weekend. / GETTY IMAGES

South End homeless shelter to open

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Marathon bomber jury selection continues

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The weight loss secret that no one talks about

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Escape the cold and warm up in Key West

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1 Recipe: 'Chinese donuts,' the best dessert you didn't know existed

2 Are the 76ers overachieving in 2014-15?

3 PHOTOS: Adorable baby sugar gliders will warm your heart

On the go

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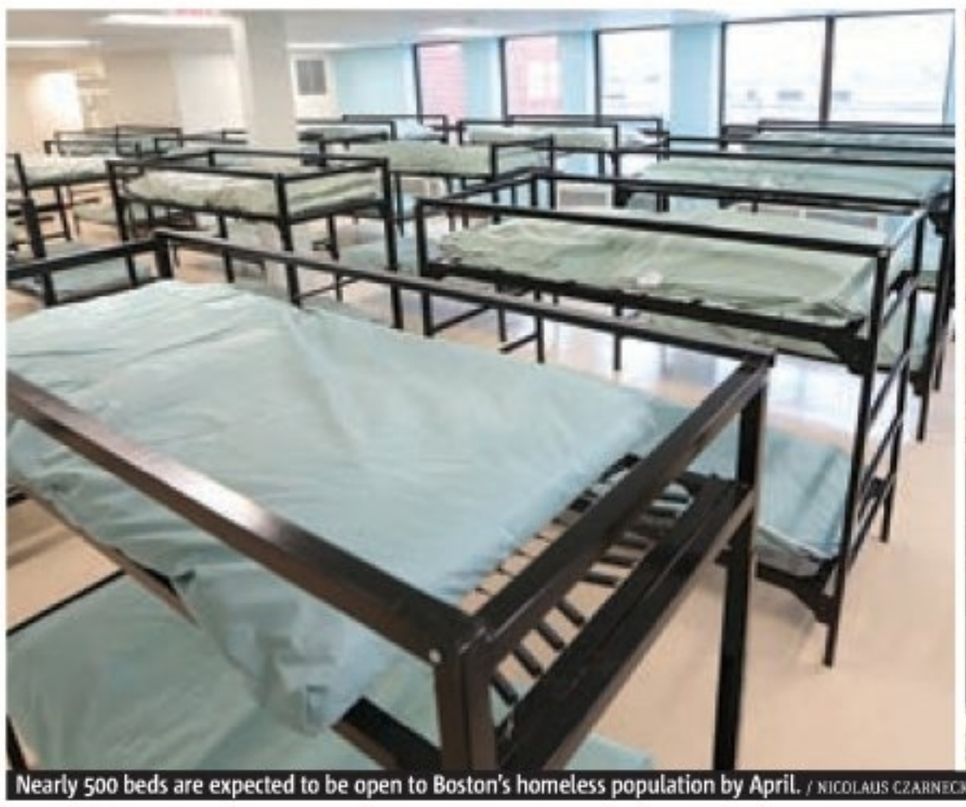


Nearly 500 beds are expected to be open to Boston's homeless population by April. / NICOLAUS CZARNECKI, METRO

New shelter to open for Boston homeless

South End. A city-owned building will soon be transformed into a "state-of-the-art" homeless shelter.

Just days after a cold snap sent temperatures plunging into the single digits Boston is opening a new shelter to house as many as 500 of the 700 homeless people displaced when the city's largest shelter on Long Island closed in October.

The former city transportation building at 112 Southampton St. in the South End will house 100 men once it opens Tuesday evening. Eventually, city officials hope to pack the shelter with roughly 500 people.

The Long Island shelter was Boston's largest homeless facility before the only bridge to it was condemned.

City officials declined to release specifics about the shelter Monday. More information is expected following a media event Thursday.

Barbara Trevisan, communications director for Boston shelter Pine Street Inn, says the opening of the shelter should help alleviate a surge in overcrowding at other shelters across the city due to cold weather.

"Obviously, it's a big step in the right direction having the Southampton Street shelter open," she said. "There has been increased demand over the last few months. The closing of the Long Island shelter combined with cold weather really put a lot of pressure on Pine Street Inn and other shelters across the city."

Trevisan said Pine Street Inn has been forced to operate beyond its capacity of 700 people. About 100 more homeless individuals have been housed there, some sleeping on mats and cots in the dining hall and lobby.

"We've also been transporting people to other shelters where there has been some available space. It's been quite hectic," said Trevisan.

Visit **Metro.us** for more details on the Southampton Street shelter.

Facelift

The building at 112 Southampton Street has undergone a $2 million renovation with new floors, walls, plumbing, lighting, fire alarms, paint and new electrical and heating systems.

MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

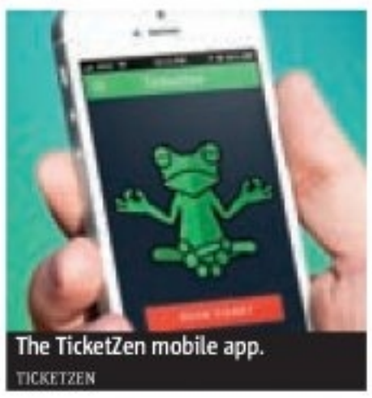
Quoted

"There are more people staying at Pine Street and veterans shelters since Long Island closed. I've stayed out in the cold weather and it's pure misery."
Peter Diecidue

"Every shelter has been overcrowded since Long Island closed. I stay at the Pine Street Inn everyday and would love to stay at the new shelter."
Ernesto Matos

"They should open a new shelter. It will help the homeless situation."
Johnna Davis

Parking. City extends partnership with TicketZen mobile app



The TicketZen mobile app.
TICKETZEN

Boston has extended its partnership with local tech startup TicketZen for one year, following a successful three-month test run that netted more than 5,000 users of the mobile-based parking ticket payment app.

Mayor Martin J. Walsh said Monday that users paid more than 7,000 tickets, producing a total of nearly $250,000 in revenue.

"The numbers show brisk demand," said Walsh. "Thanks to a common sense, innovative solution, paying a parking ticket is a little bit easier to take care of.

TicketZen, a smart phone app available for both Android and Apple devices, lets users scan the barcode on a parking ticket and connect the user's payment details with the city's payment network.

City officials said that by prompting users to make timely payments, the app helps avoid late fees.

More than half of the app's 5,000 users used TicketZen more than once, said Ryan Neu, TicketZen co-founder.

"Boston has demonstrated a commitment to mobile innovation, benefiting the city and its citizens," said Neu. "We look forward to continuing our partnership with Boston."

During the three-month pilot period, more than one quarter of tickets paid through the app were paid in three days or less.

The city still accepts parking ticket payments by mail, phone and web.

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Crime

Mental health evaluation for Boston man

A judge has ordered a mental health evaluation for a Dorchester man who assaulted a family member before making threats to kill police, civilians and himself over the weekend.

Thomas Harrington, 32, was arraigned in Dorchester District Courty Monday on charges of assault and battery, assault with a dangerous weapon, resisting arrest, making threats and malicious destruction of property.

Police were called to Harrington's Geneva Ave. apartment after he allegedly assaulted a family member. When the woman fled, Harrington followed, threatening to kill everyone in the building.

Police forced their way into the apartment, which smelled of natural gas. They found Harrington holding scissors to his throat. METRO

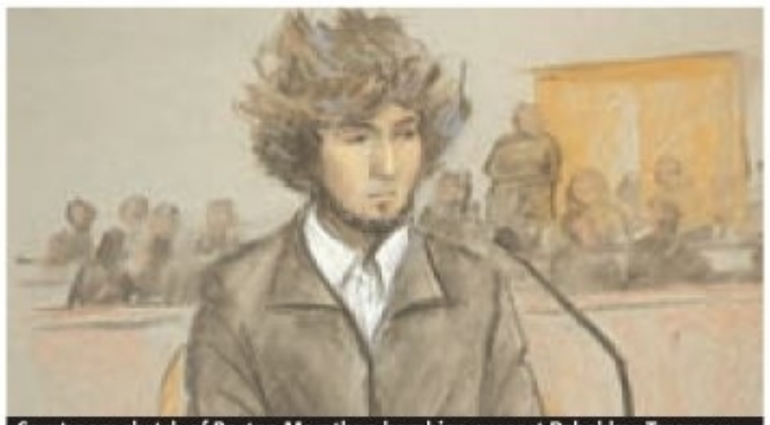
Tsarnaev jury selection resumes Thursday with 1,400 prospects

Boston. Authorities try to weed out biased prospective jurors for the Boston Marathon bombing trial.

The second phase of jury selection in the federal Boston Marathon bombing trial is expected to begin Thursday, according to court officials.

Dzhokhar Tsarnaev, 21, is charged with carrying out the April 15, 2013 bombing at the Boylston Street finish line of the Boston Marathon. The blasts killed three people and maimed 264 others. He is also accused of shooting dead an MIT police officer during a manhunt days later.

Prosecutors say he and Tamerlan Tsarnaev, his late older brother, carried out the crimes together.



Courtroom sketch of Boston Marathon bombing suspect Dzhokhar Tsarnaev, drawn at his final pre-trial conference in December. / JANE FLAVELL COLLINS

Quoted

"It is the responsibility of the jury, and not the judge, to decide whether Mr. Tsarnaev is to be sentenced to death."

O'Toole
in his instructions to prospective jurors

He has pleaded not guilty to all 30 charges against him.

Nearly 1,400 prospective jurors turned out at Moakley Federal Court in Boston last week, where they filled out 28-page juror questionnaires meant to filter out biased jurors.

The judge has summoned a total of 3,000 people to the courthouse. The field needs to be whittled down to 12 jurors and six alternates.

The questionnaires ask prospective jurors' about their backgrounds and their feelings about Tsarnaev and the bombing. The questionnaires also ask their opinion on the death penalty, as Tsarnaev could be executed if convicted.

Tsarnaev attended each jury selection session last week. He is expected to attend Thursday as well.

Tsarnaev's defense had previously requested the trial be moved outside Boston, arguing that the bombing's blanket media coverage in Boston and a local bias would prevent a fair trial. U.S. District Judge George O'Toole, who is presiding over the case, rejected the request.

Opening statements in the trial are expected to begin around Jan. 26.

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Boston Bombing

Fair trial for Tsarnaev?

Tsarnaev's attorneys had sought to have the proceedings moved out of Boston.

They argued that it would be impossible to find an impartial local jury because of round-the-clock news coverage and the fact that thousands of people attended the race or hid in their homes during a daylong lockdown in the greater Boston area after the bombing.

O'Toole and a federal appeals court blocked the request. On Jan. 3 they also rejected a last-ditch request to delay the trial until September. METRO

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US military's Twitter feed hacked by ISIS sympathizers

Spokesman. Steve Warren said the Defense Department "views this as little more than a prank, or as vandalism."

Quoted

"It's inconvenient, it's an annoyance but in no way is any sensitive or classified information compromised."

Army Colonel Steve Warren
told a press briefing

The Twitter feed and YouTube account for the U.S. military command that oversees operations in the Middle East was hacked on Monday by people claiming to be sympathetic toward the Islamic State militant group being targeted in American bombing raids.

Officials said the U.S. Central Command Twitter account and its YouTube account were suspended after being compromised.

Two U.S. defense officials, speaking on condition of anonymity, said the hacking was an embarrassment but that the images posted by the hackers did not appear to include classified information or pose a security threat.

"In the name of Allah, the Most Gracious, the Most Merciful, the CyberCaliphate continues its CyberJihad," the Central Command Twitter feed said after being hacked.

The Twitter feed had several messages from hackers, including one telling American soldiers to "watch your back," and the YouTube account had two videos that appeared to be linked to Islamic State.

A screen grab from the U.S. Central Command Twitter page. / U.S. CENTRAL COMMAND TWITTER

Islamic State has taken control of parts of Syria and Iraq. The group's forces have been targeted in ongoing air strikes by the United States and international partners.

The Twitter account published a list of generals and addresses associated with them, titled "Army General Officer Public Roster (by rank) 2 January 2014."

Subsequent posts read, "Pentagon Networks Hacked! China Scenarios" and "Pentagon Networks Hacked. Korean Scenarios."

"We can confirm that the CENTCOM Twitter and YouTube accounts were compromised earlier today. We are taking appropriate measures to address the matter," Central Command said in a statement. REUTERS

Released

Review of the documents

Reuters reviewed some of the documents released by the hackers but could not immediately identify any that appeared to contain information that compromised national security.

Some could easily be found using Google searches, including the Department of Defense's "Estimated Impacts of Sequestration-Level Funding," which is available on a public government website.

Another budget document, "Program Acquisition Cost by Weapon System" is a March 2014 document available on the website of the defense department's comptroller. Another is a draft version of the 2015 appropriations bill for the Defense Department.

Central Command's YouTube featured videos posted by the military of air strikes on Islamic State targets. It was hacked to add two videos titled "Flames of War ISIS Video" and "O Soldiers of Truth Go Forth." REUTERS

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- ☐ Non-healing wounds in ankle areas
- ☐ Spider veins on legs and/or ankles
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2

CULTURE

Twitter feed

Today, Conan O'Brien is spreading the good news, Mindy Kaling is keeping you updated, Kelly Clarkson is a fan of her own work, Jamie Bell has some recommendations for you and Kevin Nealon has a valid question.

@ConanOBrien: Same-sex couples can now get married in Florida, and are pledging "Til Meth Do Us Part."

@mindykaling: Curious where I have been these past few hours? In my room, writing a script & tending to a dog bite I got on my hand

@kelly_clarkson: Holy cow I didn't even know my song would be up on iTunes already!! I just bought it haha!

@1jamiebell: Have you seen that YouTube video where those old ladies watch the Kardashian sex tape?

@kevin_nealon: Seriously, how can you tell if someone makes a mistake when playing jazz?

1

J.K. Rowling and the mocking Rupert Murdoch tweet

If social media is good for anything, it offers a fantastic platform for witty comebacks. J.K. Rowling used it for just such a purpose after Rupert Murdoch riled folks with his Charlie Hedbo-related tweet, insisting all Muslims need to be held accountable for the actions of the men behind last week's attack in Paris. Instead of just shouting back, Rowling turned his own twisted logic against him, posting "I was born Christian. If that makes Rupert Murdoch my responsibility, I'll auto-excommunicate." And folks in the Twitter-verse seemed to agree with her, as her tweet quickly earned more than 20,000 favorites, compared to Murdoch's 3,000.

J.K. Rowling
Follow
I was born Christian. If that makes Rupert Murdoch my responsibility, I'll auto-excommunicate. ow.ly/H7Eps
The Guardian

@JK_ROWLING / TWITTER

2

Harry Styles dating a Victoria's Secret model because obviously

One Direction's Harry Styles, has earned himself another celebrity merit badge, this time for Victoria's Secret model-dating. Nice work, Styles! The floppy-haired crooner has reportedly been getting quite cozy with the awesomely named Nadine Leopold. "Harry has been getting more serious with Nadine," a source tells Us Weekly, adding that the pair are "spending lots of time together" lately. But another source insists we shouldn't read too much into their quality time. "Harry is having a good time being a young rock star," the second source says. "You will know he has a girlfriend when he steps out on the red carpet with one. Until then, he's having fun and enjoying life." Guess they've told us. Still, congratulations?

Styles, on the red carpet. / GETTY IMAGES

3

Chris Brown concert ends in gunfire

A recent Chris Brown show in San Diego ended in chaos after gunfire rang out at Fiesta nightclub while the embattled singer was on stage, according to TMZ. Video from the gig shows Brown noticing a scuffle and making light of it before shots were fired, his security springing into action. Law enforcement sources say five people were wounded in the incident, though no suspects have been named yet. Brown, no stranger to gunfire at his events, didn't seem that bothered by it. He even shared a Vine of the moment of panic on his official account. My, how quickly that smile fades.

Brown at a different concert, depicting what he probably did when gunshots rang out. / GETTY IMAGES

THE WORD

Ned Ehrbar takes on the world of gossip.

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ned.ehrbar@metro.us

4

Rampant Golden Globes sweatiness explained

If you thought the stars at the Golden Globes looked a little shinier than usual, you're not wrong. Turns out the air conditioning at the Beverly Hilton just plain wasn't on Sunday night. Couple that with the rain that plagued Los Angeles all weekend and you've got one humid ballroom, illustrated by glistening presenters, multiple men — like Benedict Cumberbatch and Matthew McConaughey — ditching their jackets and actresses furtively fanning themselves. One attendee even passed out at his table, prompting a visit from paramedics during the show. Fun times.

Ricky Gervais is smiling, but perhaps only because he's drinking. GETTY IMAGES

5

Beach photo sparks new Beyonce pregnancy rumors

It's getting to be that Beyonce can't even enjoy a simple afternoon of being buried in sand by Blue Ivy anymore without everyone jumping to the conclusion that she's expecting again. But that's probably because her 3-year-old daughter decided to give her a rather noticeable bump in sand sculpture form. Beyonce posted an Instagram pic of herself under the sand, sans caption, and instantly set off a firestorm of speculation. Maybe this really is her way of announcing the news? Or maybe Blue Ivy is just being extra-critical at a surprisingly young age.

BEYONCE / INSTAGRAM

Daily video

It's good to have Liam Neeson on your side

While visiting "Conan," Maggie Grace revealed one of the cooler benefits of co-starring with Liam Neeson in the "Taken" films: He'll call your ex-boyfriends and threaten them. "He's like the best fake movie dad any girl could ask for. He's so protective — in real life, too," Grace explains. She even brought an audio clip of Neeson, in character as his "Taken" alter ego, chastising the unnamed ex for dating out of his league and threatening bodily harm. Isn't he the sweetest?

TEAM COCO / YOUTUBE

5 Things we'll miss about 'Parks and Recreation'

Tonight marks the beginning of our farewell to Leslie Knope and her colleagues on "Parks and Recreation." Perpetually low on ratings, the show nevertheless found a devoted audience who love its optimistic humor and thoughtfully crafted town. Here's what we'll miss most. **LISA WEIDENFELD**

AMY POEHLER'S LESLIE KNOPE GREW INTO A LOVABLE CHARACTER.

Leslie Knope herself

At its best, "Parks and Recreation" found great ways to translate Amy Poehler's high energy into a character both hugely dorky and inspirational. Sure, she went overboard in every facet of her life, but Leslie was the rare comedic creation whose personality made everyone root for her.

The town of Pawnee, Indiana

We may not have known much about humble Pawnee at the beginning of the show's run, but we've all grown to love the residents of the town (which is, as you may recall, "first in friendship, fourth in obesity"). And who hasn't enjoyed learning about the colorful Pawnee city mottos? There was the time it got taken over by the cult of Zorp, or the time it claimed to be the birthplace of Julia Roberts, then got sued for it. Mostly, we'll miss the town's historical murals, each of which is more offensive than the last. Pawnee might have had a slightly problematic past, but Leslie was never ashamed of it, and never wavered in her belief that it was the greatest city in the world.

Say goodbye to the staff of "Parks and Recreation." / ALL PHOTOS BY NBC

Co-workers who like each other

The cubicle drones of "The Office" often seemed to be living in a state of barely concealed distaste for each other, but "Parks and Recreation" has generally gone in the opposite direction — with the exception of poor Jerry. Or Gary. Or possibly Barry, by this point. As different as the various Parks department employees are, they were always supportive of each other's endeavors, from Donna investing in the Snakehole Lounge with Tom to the way everyone pulled together for Leslie's ill-fated campaign for city councilwoman.

The couples

Remember when April and Andy got married on a whim, only a few episodes after starting to date? No one would have guessed those two would have the most stable relationship on the show, but the writers always found cute, funny ways to make them work despite Andy's cluelessness and April's hatred of, well, everything. And while we're happy Ron found love with Lucy Lawless's Diane, we're sad we won't get to see any new adventures between Ron and Tammy, because Nick Offerman and Megan Mullally bring just the right amount of crazy.

Its always warm heart

"Parks and Recreation" has gotten a lot of credit over the years for the warmth of its humor. The show makes you laugh at the antics of its sometimes crazy characters, but never sneers at them or asks viewers to mock them. Sure, we knew most of Tom's business schemes were doomed to failure, but he's now started a few successful ones, and no one on the show treats him like he's a fool for dreaming of a life beyond Pawnee. And as outlandish as Leslie's behavior got sometimes, the people around her always loved her for it.

Television. CBS sets premiere for 'Colbert' show

CBS had its turn at the Television Critics Association press tour on Monday, and CBS entertainment chairwoman Nina Tassler used the opportunity to talk up the success of the network's new hits. "NCIS: New Orleans," "Madam Secretary" and "Scorpion" have all been renewed, while "Stalker" is a contender, though nothing is official yet, she said.

Tassler also announced that Sept. 8 would be the premiere of "Late Show with Stephen Colbert." As to what viewers can expect from the show, Tassler says "[Colbert] knows that is introducing himself, the real Stephen Colbert, to his audience."

The day also featured a panel from the stars of the upcoming "Odd Couple" remake, Matthew Perry and Thomas Lennon. The show comes from Garry Marshall, who called Perry his favorite Friend, but admitted that "Tom Lennon, I didn't know from Adam." Guess he's not a "Reno 911!" fan. **LISA WEIDENFELD**

"In real life, I'm much more of an Oscar [than neat freak Felix]," says Perry. / CBS

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Memoir. 'Thinness doesn't bring happiness'

Andie Mitchell writes about her emotional and physical ups and downs in her new memoir, "It Was Me All Along." / PROVIDED

When Andie Mitchell turned 20 weighing 268 pounds, it was a wake up call. Stunned, she set a goal of losing 128 pounds, which she not only did, but surpassed. But her new appearance only masked new troubles.

Going out to eat was a lose-lose battle

"I remember getting a salad and someone said, 'it must be boring eating salads all the time.' So there was this feeling that people thought I was constantly dieting and I had to do it forever," she says. "On the other side of it, if I got a piece of pizza, people made comments like, 'you better be careful!'" Anxious, she ate alone most of the time.

Turning heads

'I felt sad by the attention'

Being thin for the first time brought a lot of new attention, both from strangers and friends. "I was suddenly noticed by a lot more people and they seemed kinder in a way," she tells us. "But I couldn't help but feel a little bit sad by the attention, that my [thinness] determined my worth as a person."

'Italy changed my perspective'

It was studying abroad in Italy that helped Mitchell learn what it meant to eat mindfully. "In Italy, food is so revered that you get the feeling that mealtime is really special." She focused on eating small portions of meaningful meals.

'I mourned turning to food for comfort'

Still, her mind-set didn't change overnight. "I mourned turning to food for comfort," she says. Depressed, Mitchell got the help of a therapist, which she says was invaluable to developing a healthy relationship with food. "It was a process of self discovery and understanding that I'm not going to be able to turn to food every time I feel discomfort."

Now, Mitchell says she's finally struck a happy balance."It took me years to get here, but I'm comfortable in my own skin. … [This journey] has taught me that thinness is never going to be the answer. Life is going to throw so much at you. But I feel stronger. I'm more accepting of myself, and more accepting of everyone else's troubles, too." **EMILY LAURENCE**

Ethan Hawke on his new film and 'Boyhood'

Ethan Hawke, right (with Sarah Snook), plays a time-traveling agent in "Predestination." / SONY PICTURES

Interview. The new 'Predestination,' the actor says, isn't that different from his big Golden Globe winner.

"Predestination," in which you play an agent who can time travel, is a thriller, but one with a lot of heady ideas. When someone can use science fiction to make you think, it's a neat trick. If you embark on a philosophical discussion, people start to yawn. They feel like they're in college in a way they don't like, because it can be pretentious. But when you do it with science fiction, you can provoke thought in a really fun way. That's what I like about this movie. I knew when I read the script that, if we do this without screwing it up, it would be like a good Zen koan: it sends you thinking.

One could make the case that some of the ideas here are ones touched on "Boyhood." It's really funny to me. "Boyhood" premiered at Sundance and a couple weeks later, "Predestination" and "Boyhood" both showed up at South by Southwest. I really did feel I had two time-travel movies at the same time. You really could make a case that the whole "Before" trilogy and "Boyhood" are time-travel movies too. You're visiting yourself at different times, which is what all of these movies are about — one in a very uber-sci-fi way. It's something we all long to do. The future scares us so much and we romanticize the past so much that it creates a cool energy.

MATT PRIGGE
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Getting old

Time passing

"Boyhood" began shooting in 2002, and Hawke said they were all shocked by how little the look of the world changed over 12 years. "If you had done a movie from '58 to '70, the look of the world was a lot different. The way people dressed, the way cars looked, the energy of the environment was a lot different. But 'Boyhood' looks basically the same," he says. "I think that's because the biggest movement for us has been technology. The way you dress and the way I look, we wouldn't look out of place 12 years ago. It's the phones, the computer, the Internet. So much of our energy has been diving toward the Internet. We haven't had the need for culture to change in other ways."

"I KEEP TRYING TO MAKE ART FILMS AND ALSO MAKE THOUGHT-PROVOKING GENRE FILMS," SAYS ETHAN HAWKE. "IT TURNS ME ON ABOUT ACTING TO WORK INSIDE DIFFERENT GENRES." / FILMMAGIC

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The Key to a better winter

Get out of the cold and get yourself to Key West.

LUKE O'NEIL

While one could make the case that there's technically no bad time to travel to Key West, a winter week of freezing temps provides an ideal opportunity to experience the Florida island.

The bounties of the island are certainly not a secret, but somehow it manages to both defy and reaffirm its reputation as an oasis of bacchanalia, with an assist from history, culinary revelations and natural wonders.

Here are some things to put on your itinerary when planning your Key West getaway.

FURY WATER ADVENTURES./ MIKE FREAS (INSET)

Where to have an adventure on the water

Fury Water Adventures has a breadth of options for getting out on the water and staying active, including glass-bottom boat tours, parasailing and jet-skiing. A snorkeling adventure out along the coral reef provides beautiful vistas under the sea, and plenty of exercise swimming - away from barracudas and jelly fish. For a more relaxing voyage, take a trip on the Schooner Hindu for a breathtaking sunset sail.

MARRERO PHOTOGRAPHY

Where to drink cocktails

While there are plenty of fine restaurants on the island, the drinking culture skews toward beer and frozen drinks. One glaring, and brilliant, exception is The Other Side. Taking up one side of a centuries-old residence (so haunted they used to run ghost tours in it), this is the cutting edge of Key West's cocktail scene, perfect for urbanites needing a respite from all of the beach life transpiring outside.

It's dimly lit, with a throwback, hip-hop soundtrack, and bartenders mixing both the respected classics and showmanship-style recipes. After drinks, walk up Duvall Street for refined cuisine at Nine One Five.

Where to drink like a local

You'll find no shortage of bars across the island filled with sunburnt revelers and aggressively relaxed locals, many of whom have turned the music of Jimmy Buffet into a lifestyle, and plenty of disposable tourist trap bars.

But for local character, the Green Parrot is your best bet. The late-19th century building, once a grocery, then a naval bar, offers a panoply of beach bums, hippies and seamen that come to mind when thinking of Key West. People drink outside and smoke inside, all while dancing unselfconsciously to feel-good bands.

Where to stay

Owing to strict laws about where new construction can take place on an island already overflowing with hotels, resorts and bars, the Marker Waterfront Resort is the first new hotel built in Old Town Key West in 20 years.

The 96-room luxury hotel, situated just off the crowded boardwalk along the marina, brings together a sophisticated Caribbean-style feel with a modern design replete with a bounty of local artists' works.

The low season rates start at $229; the high season is $449.

CARMEL BRANTLEY

PLUS

Parrothead

Where to stroll

Duval Street is Key West's main commercial street. You'll find booming open-air clubs, tattoo shops, art galleries, sausage stands, dudes with parrots on their heads, touristy bric-a-brac, cigar shops, Darth Vader playing a banjo, karaoke, drag shows, jazz bars and more art galleries.

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Beyond the classroom

Get to know your professors

Office hours — the time each professor sets aside to meet with students each week — are the perfect time to get to know your instructors and to get the extra academic help you need, straight from the source. Here are three things every student should be doing in the first few weeks of classes.

Getting a little one-on-one attention never hurt anyone. HEMERA

Say hello

It's important to pop in during office hours simply to introduce yourself, especially if it's a large lecture class. Your visit doesn't have to be long, but it's nice to stop by to say hello and perhaps mention what inspired you to take the class. Are you taking biology because you are interested in going into nursing? Let your instructor know.

Ask for help

If you know from past experience that you might have trouble in certain classes, it's best to talk to your professors well before that first exam. Professors usually notice when it's clear that a student is trying his or her best.

Plan ahead

You don't want to get close to graduation and realize none of your professors know you well enough to write a letter of recommendation. Take some time to chat with your instructors about your career plans and aspirations now so you won't seem self-serving doing so later. LAKSHMI GANDHI

Be choosy with your applications

Applications. Now's the time to be selective.

If you or someone you know is a high school senior (or the parent of a senior) you've heard the horror stories — students applying to 10 or more schools and planning dozens of visits in the hopes of getting into at least one.

One admissions official says everyone should take a deep breath and rethink their strategy. "More applications don't necessarily mean better odds," says Bob McCaig, vice president for enrollment management at Monmouth University.

McCaig suggests students and their families be a bit more strategic about how they go about the process. He shares these suggestions on how to have a (relatively) stress-free experience.

Start as early as you can

"If you are a junior, you should start doing online and physical visits," advises McCaig. "Use that summer to start doing visits."

Think about what you want

As you start to do your visits, ask yourself about your interests. How big a school do you want? Do you want to go to a public or private college? How far do you want to be from home?

Think you'd be happy at the University of Michigan? Send in an application! / GETTY IMAGES

Be realistic about your chances

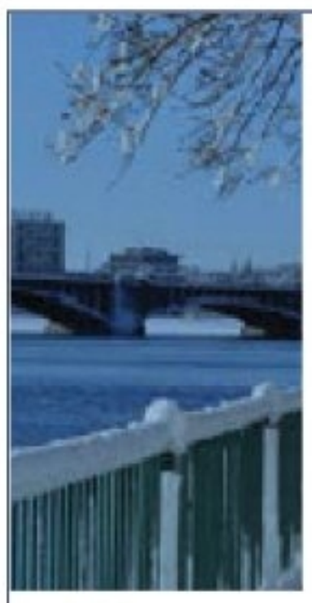
Look at the average SAT and ACT scores for each of the schools where you are applying. Do you fit that range? "If the average score is 400 points higher than your score, that's not a stretch, that's a waste of time," says McCaig.

Tip

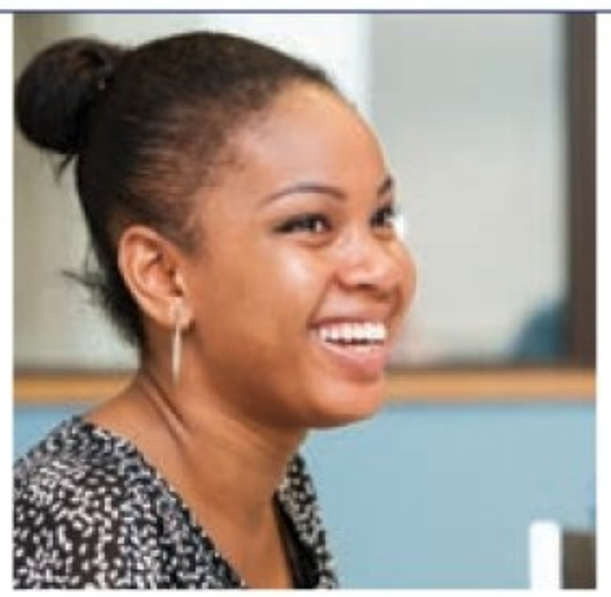
Apply to schools that you like

Most important of all, eliminate schools from your list where you know you will be miserable. "Students should only apply to places they would be happy at," McCaig reminds us.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us



Happy new you



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The Boston Architectural College: A leader in diversifying design education

With a new year comes the opportunity to create and stick to new resolutions. In 2015, put your education first by applying to the Boston Architectural College (BAC), an independent, professional college in Boston's Back Bay. Our focus is to provide excellence in design education by combining classroom learning, practice, and accessibility to diverse communities. We offer professional and accredited degrees in architecture, interior architecture, landscape architecture, and design studies.

Founded in 1889 as a club for practicing architects in the local Boston area, the BAC has remained closely tied to the professional design community throughout its history. These connections allow the College to uphold its founding principles of integrated design education. Our faculty are both teachers and practicing professionals, and we maintain a commitment to combining academic and experiential, practice-based learning.

Through the BAC's dynamic learning model, students acquire academic knowledge in the classroom while receiving applied learning through practical experiences in the field. This trajectory helps students make connections between theoretical and practical approaches and equips them with necessary tools for solving complex projects and design parameters for today's global and diverse communities.

The BAC offers diverse programs that uphold this integrated model of combining academics and practice. Students can earn undergraduate or graduate degrees in architecture, interior architecture, landscape architecture, or design studies. We also offer professional and continuing education programs and online courses, with certificate programs in in-demand areas ranging from sustainable design to historic preservation.

The BAC's commitment to diversifying the design professions is achieved through a policy of accessible admission. Alternative admissions makes an exceptional design education possible for talented students who would not otherwise be afforded such an opportunity. Beneficiaries include a large population of first-generation college students and members of under-represented groups, fostering a rich and diverse learning environment. Together, these aims make the BAC a leader in the education of design professionals.

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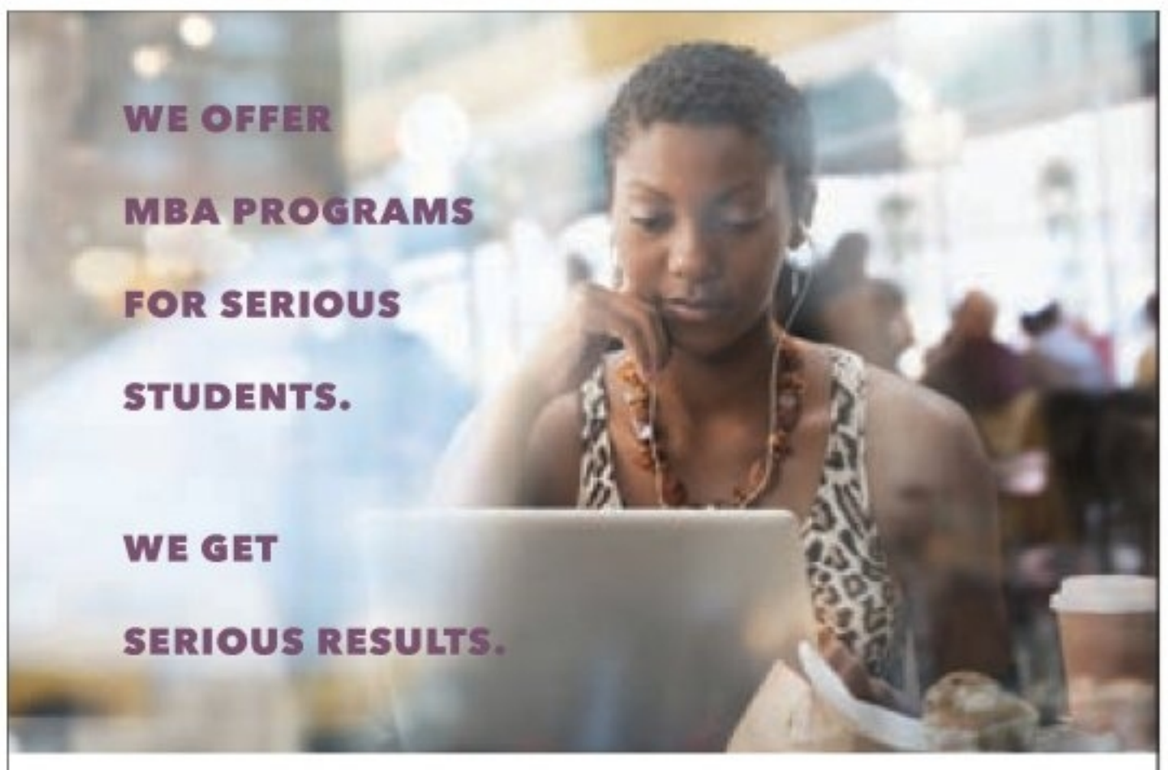

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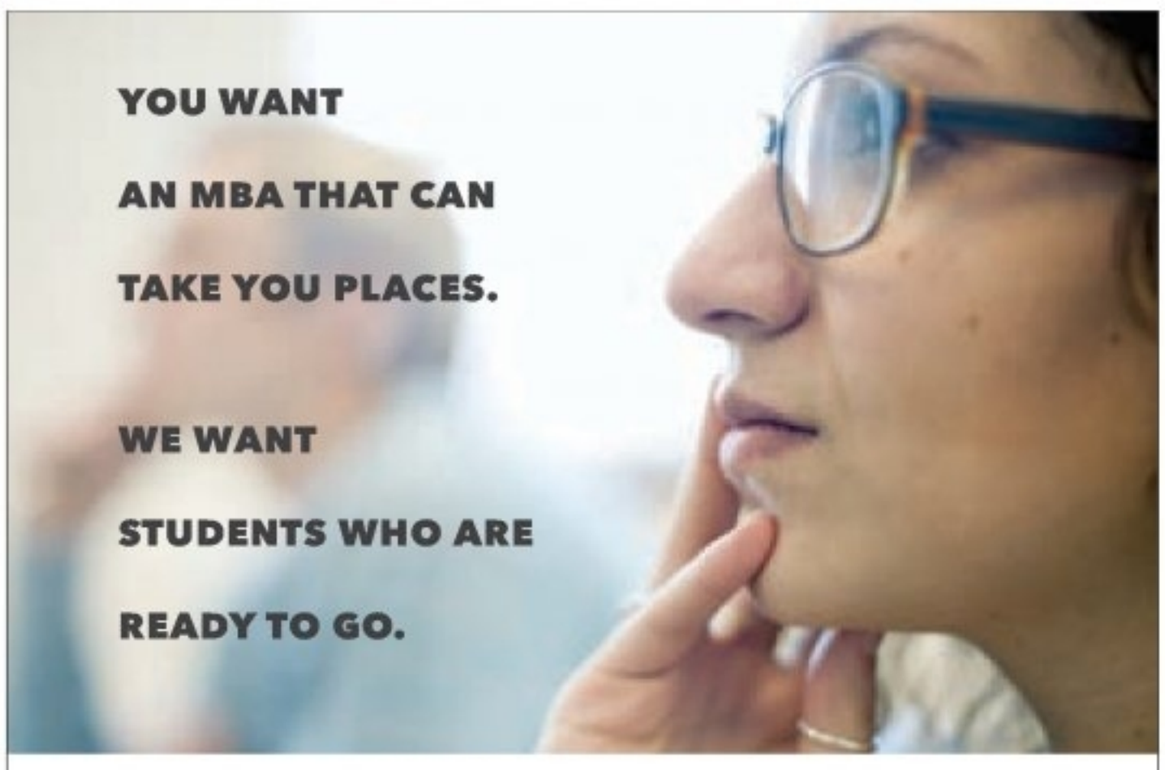

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Horoscope

♑ Capricorn | Dec. 22-Jan. 20.
You should take care of responsibilities that you've been neglecting. Getting your duties out of the way will be appreciated by others.

♒ Aquarius | Jan. 21-Feb. 18.
Make the most of your time by being helpful and showing concern for others. Join forces with an organization that reflects your values and offer help.

♓ Pisces | Feb. 19-March 20.
Don't feel guilty turning down invitations or requests if you need some time to yourself. You do so much for everyone else, at the expense of your health.

♈ Aries | March 21-April 20.
Shake up your routine and participate in a community event. Stimulate your imagination and make personal changes. Romance is amplified, and sharing your experience with someone will bring you closer together.

♉ Taurus | April 21-May 21.
Flashing large amounts of cash will give someone the wrong impression. Pay your own way, but don't try to convince people that you are something you're not

♊ Gemini | May 22-June 20.
Don't be shy; you should discuss your dreams. Unnecessary and costly delays are likely if you are unprepared or disorganized. The suggestions that people offer you will help you cut corners and succeed.

♋ Cancer | June 21-July 22.
Make sure you receive all the required information before you offer your opinion or advice. Don't allow a minor letdown to escalate into a major incident that could leave you in a precarious position.

♌ Leo | July 23-Aug. 22.
You owe it to yourself and your loved ones to let loose and have a little fun. Plan a surprise and shower the people you love with your affection.

♍ Virgo | Aug. 23-Sept. 22.
Self-improvement plans will bring good results. Feeling fit and healthy will boost your confidence and give you a positive mind set.

♎ Libra | Sept. 23-Oct. 22.
Don't let personal issues lead to indulgence. Excess will end up contributing to your troubles, not eliminating them. Ask for help or draw on your inner strength to help you overcome negative influences.

♏ Scorpio | Oct. 23-Nov. 21.
A decision you are toying with will be easier if you investigate the pros and cons first. Confrontations will not turn out in your favor. Remain an observer.

♐ Sagittarius | Nov. 22-Dec. 21.
Don't fall for a sob story. Being too trusting will end up costing you physically, emotionally or financially. Don't offer your time, opinion or money. EUGENIA LAST

Letters to the editor

Don't be afraid to speak freely

Paris was attacked last week by jihadists whose demented mentality had massacred many at the Charlie Hebdo satirical newspaper office.

My heartfelt prayers go out to their co-workers, families, and friends, as well as all the people in France who are mourning the loss of their fellow country men and women. The attackers went on a killing spree because they disliked what was said and depicted by this newspaper as an attack on Islam. I found this egregious and nefarious act of barbarism to be completely intolerable. I believe no man or woman has the right to kill another for what they say.

I may not agree with what someone has to say, but I will defend their right of free speech. These evil-doers are home-grown and come out of many different countries and train to kill.

These people must be stopped or many more innocent men, women and children will surely die. All the religious leaders of the world must stand up and shout in a loud voice and say, "We're mad as hell and will not take this anymore." All religious leaders must condemn these acts of violence as evil and does not represent something required from one's higher power.

Free speech must be defended at all costs or we will enter an era of despair, agony and desolation. When freedom dies, man ceases to exist.

As such humanity must not appease nor capitulate to these perpetrators of evil who have no regard for the sacredness of human life.

As for myself, I will not be afraid to speak out against those who commit these heinous acts of evil against humanity.

For I have a voice and I intend to use it. In closing let me say to the people of France and that is we feel your pain. "Viva La France" !

FREDERICK R. BEDELL JR., VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

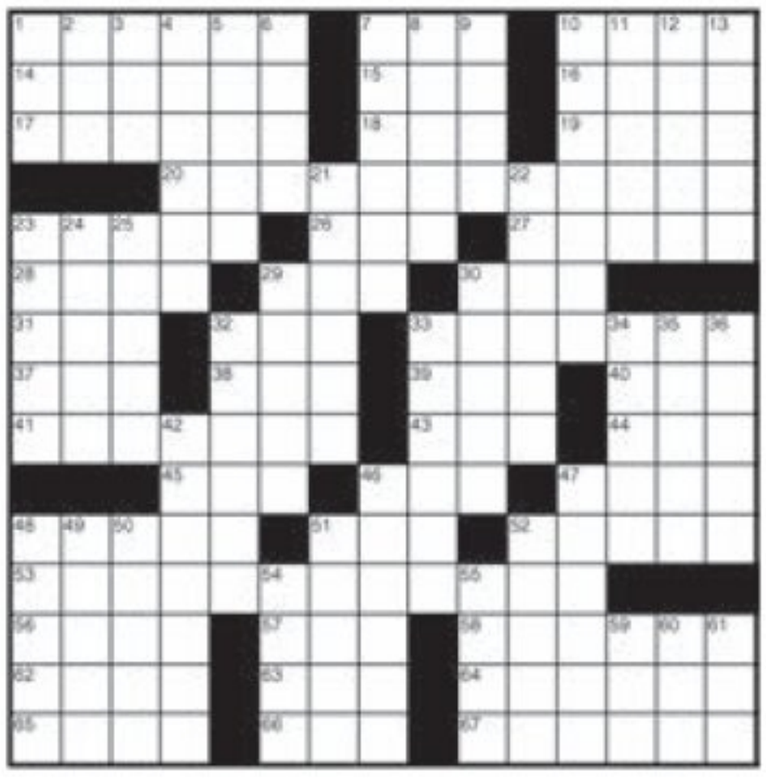
Sudoku: Easy and hard

		3		6				9
		1					7	
6	5						1	
4	8	7	6		5			2
			1		4			
9			7		8	5	4	3
	6						3	5
	2					6		
5				8		4		

		1	7				6	
9		2	3		6		1	5
	6			7	9	5		3
			8		5			
8		5	1	6			9	
2	5		6		7	1		8
	8				4	9		

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across
1 Beach hut
7 Mark of Zorro
10 Miss Cinders of old comics
14 Arise (2 wds.)
15 Cast a vote
16 Belt holder
17 Three-legged seats
18 Prefix for "classic"
19 Supplant
20 Xylophone cousin
23 Brubeck and Barry
26 Guitarist — Paul
27 Young girl
28 Comics pooch
29 Fictional collie
30 Barbie's beau
31 Quick turn
32 Mineral find
33 Horseshoe locale
37 Want-ad abbr.
38 He may get fleeced
39 Blow it
40 Johnny —
41 Kind of rhyme
43 Romaine
44 Umbrella spoke
45 Oddjob's creator
46 Dune buggy kin
47 Opera box
48 Bridge sections
51 Computer language
52 Chess pieces
53 Did not mince words (2 wds.)
56 BMW rival
57 Not up to snuff
58 Slickest
62 Secluded valley
63 Ailurophobe's fear
64 Lewd
65 Yin complement
66 Dangerous curve
67 Swallow

Down
1 Vaccine amts.
2 Matisse piece
3 Show disapproval
4 Farthest point
5 Declares invalid
6 Lhasa —
7 Tired out
8 Fencers' blades
9 007's alma mater
10 Fleeing to the JP
11 "Satchmo" Armstrong
12 Fails to place
13 Suitably
21 Damp
22 Slings mud at
23 Baker's —
24 Leave-taking
25 Staying power
29 Commit to memory
30 Bolshoi rival
32 Bribe, informally
33 Honey source
34 Traffic indicator
35 Hold sway
36 Paris priests
42 Going under
46 Full-price payers
47 Hen's chore
48 Too theatrical
49 Zahn or Abdul
50 Priscilla's suitor
51 Globe substitute
52 A nut
54 Board-game pair
55 Fruit or bird
59 When Paris sizzles
60 Emergency signal
61 Explosive ltrs.

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Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

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McDaniels' stock sky-high thanks to playoff trickery

NFL. Most Patriots fans would now be happy to see Josh McDaniels return as offensive coordinator.

Patriots offensive coordinator Josh McDaniels has taken his fair share of criticism, but he won't hear any this week. Unless, of course, it's coming from Baltimore.

McDaniels pulled out a few tricks in Saturday's AFC Divisional Playoff that had the Ravens defense running in circles. New England put out an ineligible receiver package in the third quarter that used just four offensive linemen and an ineligible player lined up as a receiver. The fact that the receiver was ineligible, and therefore pointless to cover, confused Baltimore not once, not twice, but three times. The Pats ended up scoring a touchdown on that drive to bring a 28-14 deficit to 28-21. It was enough to have Ravens coach John Harbaugh fuming on the sidelines. After the game he called it "deception" and said the league would take a look at it and make adjustments.

Well, the league did take a look at it. The Patriots didn't do anything outside of the rules and there's no reason to believe anything will change due to McDaniels' creativity. Sorry, John. As Tom Brady said after the game, maybe you should have studied the rule-book.

The odd formations weren't McDaniels' only tricks. On New England's very next drive, Brady threw a screen pass to Julian Edelman, who then threw it to a wide-open Danny Amendola for a touchdown that tied things up, 28-28.

"Yeah, that double pass has been in all season," Brady said after the win. "It was great that Josh [McDaniels] called it at the perfect time."

Can we expect the Pats to run the same plays next weekend against the Colts? No. But it's now something Indianapolis has to at least consider, along with wondering what other plays the Pats have held onto.

The Pats have obviously had games where the run has been featured over the pass (at Indianapolis in Week 11), and games where the run has been nonexistent (against Baltimore this past Saturday). It's a gameplan offense that changes week-to-week.

"We chose not to run the ball more than anything else," McDaniels told reporters. "It wasn't like we ran it 20 times and had 35 yards. We kind of made that decision and went ahead and went with it. And those [trick plays] were just part of the gameplan that hopefully at the right time or place we could use them and get some production out of them if they were called."

McDaniels has interviewed for two head coaching positions recently with the Atlanta Falcons and San Francisco 49ers, two teams still without head coaches.

It doesn't seem like many New Englanders are concerned about his departure, but maybe they should be.

JAMES TOSCANO
@Jimmy_Toscano
sports@metro.us

Josh McDaniels, right, has plenty to celebrate about after last Saturday's playoff win over Baltimore. / GETTY IMAGES

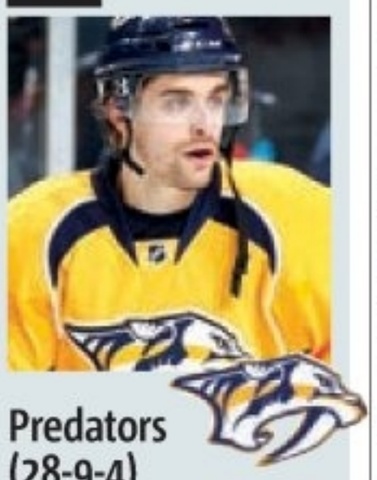
By the numbers

39.6

Patriots offenses directed by Josh McDaniels in the past three postseasons have been boom or bust. In the divisional round the Pats have averaged 39.6 points per game. In the past two AFC title games, however, McDaniels' offenses averaged just 14.5 points.

NHL power rankings | by Rich Slate

No. 1



Predators (28-9-4)

Keep in mind that the Predators didn't even make the playoffs last season, so this has been quite a turnaround by head coach Peter Laviolette and Co. in the Music City.

No. 2

Blackhawks (28-13-2)

I still think the Blackhawks are the best team in the NHL, but they have gone 6-4 in their last 10 — the reason for the bump down. The Blackhawks kicked off a homestand with a 4-1 win over the Wild on Sunday.

No. 3

Lightning (27-12-4)

The class of the Eastern Conference rolls on. They have won their last three games. After a back-to-back at Philadelphia and at Boston, Tampa Bay returns home for three games.

No. 4

Ducks (27-10-6)

The Ducks put on a top-notch tribute to Teemu Selanne Sunday, then went out and picked up a thrilling 5-4 shootout win over Winnipeg. Anaheim just needs to stop allowing so many goals to be taken seriously.

No. 5

Islanders (28-13-1)

I believe in the Isles, but these next three games should tell us a lot: at Rangers, vs. Penguins and at Canadiens. New York is 6-3-1 in its last 10 and has won its last two. Jaroslav Halak is having a monster year.

No. 6

Blues (26-13-3)

It was a good week for the Blues as they have won their last four games, and center David Backes (14 goals, 13 assists, eight power-play goals) was named NHL first star of the week.

No. 7

Penguins (25-10-6)

As most teams do, the Penguins are going through a rough patch as they're 4-4-2 in their last 10. That step back has allowed the Islanders to jump one point ahead for first place in the division.

No. 8

Canadiens (26-12-3)

The Canadiens are 7-2-1 in their last 10 games, so I understand that it seems dumb to drop them a few spots from last week. The explanation is that most teams around them have been playing well too.

No. 9

Red Wings (22-11-9)

This might be Detroit's high-water mark for a while since it just put All-Star goaltender Jimmy Howard (16-7-7, .920 save percentage, 2.11 goals against average, two shutouts) on injured reserve.

NFL

Fox out as Broncos head coach

John Fox is out in Denver, just hours after the Broncos were upset by the Colts in the AFC Divisional round. The move could signal the end of a highly successful era in Denver, but that will ultimately depend on whether or not Peyton Manning returns for the 2015 season. Fox and the Broncos said Monday's split was mutual. "I had a productive visit with John Elway this afternoon in which we were both very honest about our time together and how best to move forward," Fox said in a statement. Elway, Denver's GM, offered up the following explanation: "I believe this change at the head coaching position will be in the best interest of our long-term goal, which from Day 1 has been to win world championships."

Visit **Metro.us** to see how the Bruins climbed in this week's rankings.

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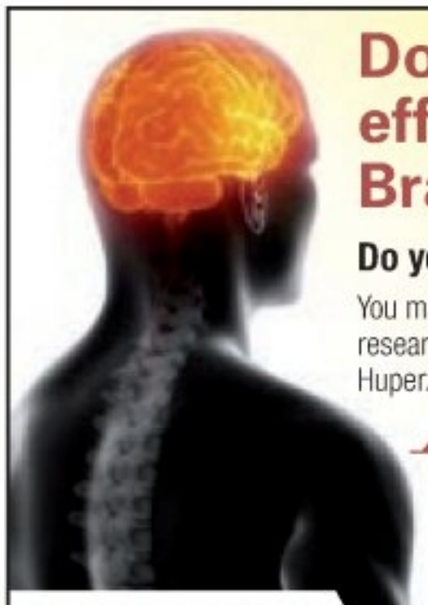

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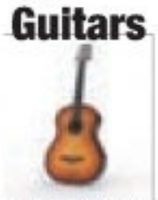
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